

Course Maps

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Course Map

Students continuing 2023 - Full time with Industry Internship option

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
Units	PHTY614 # (10cp) Advanced Principles of Human Movement for Exercise and Sports Performance <i>multi-mode</i>	PHTY615 # (10cp) Clinical Exercise for Health and Performance Across the Lifespan <i>Multi-mode</i>	EXSC510 # (10cp) Strength and Conditioning for Performance and Rehabilitation <i>Online</i>	HLSC640 # (10cp) Interpreting Health Research <i>Online</i> OR HLSC641 # (10cp) Introduction to Health Sciences Research <i>Online</i>
Units	PHTY616 # (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists <i>Multi-mode</i>	PHTY617 # (10cp) Physiotherapists Working in Sport <i>Multi-mode</i>	EXSC651 # (10cp) Sports Injury Prevention <i>Online</i>	HLSC646 # (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) <i>Online</i> OR HLSC647 # (10cp) Quantitative Research Methods (Pre: HLSC640 or HLSC641) <i>Online Semester 1</i> *(unit to be replaced by ACU-HLSC642 as of ACU Online Term 4)
YEAR 2				
Summer Semester	PHTY606 (10cp) Physiotherapy Research Project A (Pre: Either HLSC640 or HLSC641 and either HLSC646 or HLSC647) <i>Multi-mode</i>			
Units	PHTY607 (10cp) Physiotherapy Research Project B (Pre: PHTY606) <i>Multi-mode</i> <i>Semester 2</i>	PHTY618 # (10cp) Leadership, Management and Advocacy for Sports and Exercise Physiotherapists <i>Multi-mode</i>	EXSC650 # (10cp) Fatigue, Recovery, Adaptation and Performance <i>Online</i>	EXSC669 # (10cp) Rehabilitation for Return to Sports Performance <i>Online</i>
Units	EXSC674 # (10cp) Contemporary Practice in Strength and Conditioning (Pre: EXSC510) <i>Online</i>	EITHER 2x High Performance Sport Elective Units (10cp each) OR 1x Industry Experience Elective Unit (EXSC657) (20cp) <i>(See elective list)</i>		

Course Map

Students continuing 2023 - Part time with Industry Internship option

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

YEAR 1				
Units	PHTY614 # (10cp) Advanced Principles of Human Movement for Exercise and Sports Performance <i>Multi-mode</i>	HLSC640 # (10cp) Interpreting Health Research <i>Online</i> OR HLSC641 # (10cp) Introduction to Health Sciences Research <i>Online</i>		
Units	PHTY616 # (10cp) Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists <i>Multi-mode</i>	EXSC510 # (10cp) Strength and Conditioning for Performance and Rehabilitation <i>Online</i>		
YEAR 2				
Units	PHTY615 # (10cp) Clinical Exercise for Health and Performance Across the Lifespan <i>Multimode</i>	HLSC646 # (10cp) Qualitative Research Methods (Pre: HLSC640 or HLSC641) <i>Online</i> OR HLSC647 # (10cp) Quantitative Research Methods (Pre: HLSC640 or HLSC641) <i>Online</i> <i>Semester 1</i> *(unit to be replaced by ACU-HLSC642 as of ACU Online Term 4)		
Units	PHTY617 # (10cp) Physiotherapists Working in Sport <i>Multi-mode</i>	EXSC651 # (10cp) Sports Injury Prevention <i>Online</i>		

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**Master of Sports and Exercise Physiotherapy /
Master of High Performance Sport**

(Information last updated on 5 October 2022)

YEAR 3

Units	PHTY618 # (10cp) Leadership, Management and Advocacy for Sports and Exercise Physiotherapists <i>Multi-mode</i>	EXSC650 # (10cp) Fatigue, Recovery, Adaptation and Performance <i>Online</i>		
Units	EXSC669 # (10cp) Rehabilitation for Return to Sports Performance <i>Online</i>	EXSC674 # (10cp) Contemporary Practice in Strength and Conditioning (Pre: EXSC510) <i>Online</i>		

YEAR 4

Summer Semester	PHTY606 (10cp) Physiotherapy Research Project A (Pre: Either HLSC640 or HLSC641 and either HLSC646 or HLSC647) <i>Multi-mode</i>		
Units	EITHER 2x High Performance Sport Elective Units (10cp each) OR 1x Industry Experience Elective Unit (EXSC657) (20cp) <i>(See elective list)</i>	PHTY607 (10cp) Physiotherapy Research Project B (Pre: PHTY606) <i>Multi-mode</i> <i>Semester 2</i>	

Scheduled Unit Availability over four Study Periods:

Select the units outlined above from the following Study Periods:

Unit Schedule 2023

ACU Online Term 1 Mon 30 Jan 2023 to Sun 9 Apr 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
PHTY614	Advanced Principles of Human Movement for Exercise and Sports Performance	OU	NIL
EXSC510	Strength and Conditioning for Performance and Rehabilitation	OU	NIL
PHTY618	Leadership, Management and Advocacy for Sports and Exercise Physiotherapists	OU	NIL
EXSC674	Contemporary Practice in Strength and Conditioning	OU	EXSC510

select Study Period "ACU Online Term 1" in Student Connect)

ACU Online Term 2 Mon 24 Apr 2023 to Sun 2 Jul 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
HLSC641	Introduction to Health Sciences Research	OU	NIL
EXSC651	Sports Injury Prevention	OU	NIL
EXSC669	Rehabilitation for Return to Sports Performance	OU	NIL
EXSC650	Fatigue, Recovery, Adaptation and Performance	OU	NIL

select Study Period "ACU Online Term 2" in Student Connect)

ACU Online Term 3 Mon 17 Jul 2023 to Sun 24 Sep 2023 (NOTE: 8 weeks of study / 10 weeks for delivery and assessment)

CODE	TITLE	Online	Prereq
HLSC640	Interpreting Health Research	OU	NIL
HLSC641	Introduction to Health Sciences Research	OU	NIL
PHTY616	Sports Medicine and Musculoskeletal Clinical Practice for Physiotherapists	OU	NIL
EXSC510	Strength and Conditioning for Performance and Rehabilitation	OU	NIL
PHTY617	Physiotherapists Working in Sport	OU	NIL
EXSC674	Contemporary Practice in Strength and Conditioning	OU	EXSC510

select Study Period "ACU Online Term 3" in Student Connect)

ACU Online Term 4 Mon 9 Oct 2023 to Sun 17 Dec 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
HLSC640	Interpreting Health Research	OU	NIL
PHTY615	Clinical Exercise for Health and Performance Across the Lifespan	OU	NIL
HLSC642	Biostatistics for Health Science *(unit replaced HLSC647 as of ACU Online Term 4)	OU	NIL
Or			
HLSC646	Qualitative Research Methods	OU	HLSC640 or HLSC641
HLSC642	Biostatistics for Health Sciences	OU	NIL
EXSC651	Sports Injury Prevention	OU	NIL
EXSC669	Rehabilitation for Return to Sports Performance	OU	NIL
EXSC650	Fatigue, Recovery, Adaptation and Performance	OU	NIL

select Study Period "ACU Online Term 4" in Student Connect)

UNITS OFFERED VIA ACU ONLINE

These units are offered via **ACU Online**:

ENROLLING IN **ACU ONLINE** UNITS

For information on enrolling into or withdrawing from *ACU Online* units, refer to the *ACU Online* MY ENROLMENT INSTRUCTIONS in the Unit Offerings 2023 tab on your Course Enrolment Guide page.

ACU Online Term Dates

Study period	Commencing - Finishing Dates
ACU Online Term 1	Mon 30 Jan 2023 to Sun 9 Apr 2023
ACU Online Term 2	Mon 24 Apr 2023 to Sun 2 Jul 2023
ACU Online Term 3	Mon 17 Jul 2023 to Sun 24 Sep 2023
ACU Online Term 4	Mon 9 Oct 2023 to Sun 17 Dec 2023

For any assistance with enrolling into *ACU Online* units, please contact AskACUO:

Call: 132286 (13ACUO)

SMS: 0488 857 228

Email: online@acu.edu.au

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School Allied Health - Administration (Brisbane, Melbourne and North Sydney and Online)	Email: admin.soahSYD@acu.edu.au
National Course Coordinator (Brisbane, Melbourne and North Sydney and Online)	Dr Maria Constantinou Email: Maria.Constantinou@acu.edu.au

PLEASE NOTE FOR THE MAPS ABOVE

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

PREREQUISITES

- Prerequisites ('Pre:') are added in italics.
- Prerequisites are other units that you must have passed *before* enrolling in the unit.
- You will not be able to enrol in a unit in Student Connect if you do not meet the prerequisite requirements. (This will help stop you from enrolling in units incorrectly).
- You can find out about unit prerequisite requirements in your Course Enrolment Guide.
- Under some circumstances, you might be eligible for a prerequisite waiver.
- You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#)

UNIT DELIVERY MODES

All units are delivered in Online Unscheduled mode, unless otherwise indicated in the map.

C - On Campus

Most learning activities or classes are delivered at a scheduled time, on campus, to enable in-person interactions. Activities will appear in a student's timetable.

M - Multi-mode

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and will **not** appear in a student's timetable.

OS – Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable.

Electives 2023

Elective units to be selected in consultation with the Course Coordinator

Summer 2023 Mon 21 Nov 2022 to Sun 29 Jan 2023

CODE	TITLE	Mode	Prereq
EXSC657	Industry Internship (20cp)	OU	Pre: EXSC510 (Inc: EXSC654, EXSC655)

ACU Online Term 1 Mon 30 Jan 2023 to Sun 9 Apr 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC513 [#]	Data Analysis and Interpretation for High Performance Sport (10cp)	OU	NIL
EXSC652 [#]	Contemporary Issues in High Performance Sport (<i>Online Intensive over two weeks - recorded</i>) (10cp)	OU	NIL
EXSC672 [#]	Theoretical Foundations of Performance Analysis (10cp)	OU	NIL

select Study Period "ACU Online Term 1" in Student Connect)

Semester 1 Mon 27 Feb 2023 to Sun 25 Jun 2023 (NOTE: 12 weeks of study / 15 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC657	Industry Internship (20cp)	OU	EXSC510 (INC EXSC654, EXSC655)

ACU Online Term 2 Mon 24 Apr 2023 to Sun 2 Jul 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC668 [#]	Performance Nutrition (10cp)	OU	NIL

select Study Period "ACU Online Term 2" in Student Connect)

ACU Online Term 3 Mon 17 Jul 2023 to Sun 24 Sep 2023 (NOTE: 8 weeks of study / 10 weeks for delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC513 [#]	Data Analysis and Interpretation for High Performance Sport (10cp)	OU	NIL
EXSC652 [#]	Contemporary Issues in High Performance Sport (<i>Online Intensive over two weeks - recorded</i>) (10cp)	OU	NIL
EXSC672 [#]	Theoretical Foundations of Performance Analysis (10cp)	OU	NIL

select Study Period "ACU Online Term 3" in Student Connect)

Semester 2 Mon 31 Jul 2023 to Sun 26 Nov 2023 (NOTE: 12 weeks of study / 15 weeks for overall delivery and assessment)

CODE	TITLE	Mode	Prereq
EXSC657	Industry Internship (20cp)	OU	EXSC510 (INC EXSC654, EXSC655)

ACU Online Term 4 Mon 9 Oct 2023 to Sun 17 Dec 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

CODE	TITLE	Online	Prereq
EXSC668 [#]	Performance Nutrition (10cp)	OU	NIL

select Study Period "ACU Online Term 4" in Student Connect)

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School Allied Health - Administration (Brisbane, Melbourne and North Sydney and Online)	Email: admin.soahSYD@acu.edu.au
National Course Coordinator (Brisbane, Melbourne and North Sydney and Online)	Dr Maria Constantinou Email: Maria.Constantinou@acu.edu.au