

## 2023 Unit Selection Information Melbourne and Strathfield

### 1. Selection of Minor Units

#### 1.1. Selection of a Study Area or Discipline (Commencing students only)

As part of your course, you need to complete a Minor. A Minor is a total of 4 units (40cp) from prescribed units in one discipline or approved interdisciplinary area within one Study Area. Normally this will mean at least 10cp at an introductory level (i.e. XXXX1xx), at least 20cp at advanced level (i.e. XXXX2xx or XXXX3xx) and 10cp at any level.

The four Minor units can be selected from a wide range of study areas - other than Psychology - available at ACU. The Minors you can choose from are listed in Table 1 below. Should you require further advice on choosing an appropriate discipline for your Minor units, please contact your Course Coordinator.

**Table 1**

Discipline	Melbourne	Strathfield	
<b>Arts, Business, Philosophy and Theology Minors</b>			
<b>Business Studies</b>	minor	minor	<p><b>2023 Arts, Business, Philosophy or Theology Minors</b></p> <p>See 'Arts Unit Offerings 2023' list under the 'Unit Offerings' tab in your Course Enrolment Guide for further details.</p>
<b>Communication</b>	minor	minor	
<b>Creative Writing</b>	minor	minor	
<b>Digital Technologies (Computing)</b>		minor	
<b>Drama</b>	minor	minor	
<b>Economics</b>	minor	minor	
<b>English (formerly called 'Literature')</b>	minor	minor	
<b>Geography, Environment and Society</b>	minor	minor	
<b>Graphic Design</b>	minor	minor	
<b>Healthy Development</b>	minor		
<b>History</b>	minor	minor	
<b>International Development Studies</b>	minor		
<b>Mathematics<sup>1</sup></b>	minor	minor	
<b>Media</b>	minor		
<b>Music</b>	minor		
<b>Philosophy</b>	minor	minor	
<b>Politics and International Relations</b>	minor	minor	
<b>Sociology</b>	minor	minor	
<b>Study of Religions</b>	minor	minor	
<b>Theological Studies</b>	minor	minor	
<b>Visual Arts</b>	minor	minor	
<b>Youth Work</b>	Minor		
<b>Health Sciences Minors</b>			
<b>Exercise and Nutrition</b>	minor	minor	<p><b>2023 Health Sciences Minors</b></p> <p>See Table 2 below for further details.</p>
<b>Exercise Physiology and Psychology</b>	minor	minor	
<b>Human Biology</b>	minor	minor	
<b>Public Health</b>	minor		

<sup>1</sup> Please note regarding 'Assumed Knowledge': Students in Victoria need to have completed Mathematical Methods Units 3 and 4 at Year 12 level and students in New South Wales need to have completed Mathematics (other than Mathematics General 2) at Year 12 level, if they want to study any mathematics major, minor or elective units.

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## 1.2. Selection of Units

Once you have chosen a study area, you must select your Minor units.

Your four Minor units must include at least one 10cp unit on the 100-level and at least two 10cp units at an advanced level (200- or 300- level units). Please note that you can only choose units whose pre-requisite requirements you fulfil. Pre-requisites are other units that you must have passed *before* enrolling in the unit and are listed under the unit name in the course map.

Commencing full-time students should select one Minor unit for Semester 1 2023 and one Minor unit for Semester 2 2023 in the study area they have chosen.

Continuing students should continue to complete Minor units consistent with the discipline they have chosen in the previous year; they will also select one Minor unit for Semester 1 2023 and one for Semester 2 2023.

Please note that if you are interested in any of the **Arts, Business, Philosophy or Theology Minors** listed under *1.1 Selection of a Study Area*, there is a detailed 'Arts Unit Offerings 2023' list under the 'Unit Offerings' tab in your Course Enrolment Guide. This list has specific information on unit availability for 2023.

If you are interested in any of the **Health Sciences Minors** listed under *1.1 Selection of a Study Area*, please refer to the table below for more information on unit availability for 2023.

**Table 2**  
**Minors in Health Sciences disciplines – 2023 Unit Offerings**

Discipline	Unit code	Unit Title	Year Level	Melbourne	Strathfield	Pre-requisite Units
<b>Exercise and Nutrition</b> <i>- formerly called 'Exercise Science'</i>	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 1	Sem 1	Nil
	NUTR101	Introduction to Nutrition	1 <sup>st</sup> year	Sem 2	Sem 2	Nil
	OR					
	EXSC118 (if completed prior to 2022)	Nutrition & Exercise				
	EXSC225	Physiological Bases of Exercise	2 <sup>nd</sup> year	Sem 1	Sem 1	BIOL125
	EXSC204 OR EXSC216	Exercise Prescription and Delivery OR Resistance Training: Science and Application	2 <sup>nd</sup> year	Sem 2	Sem 2	For EXSC204: EXSC225  For EXSC216: EXSC222 or EXSC225
<b>Exercise Physiology and Psychology</b> <i>- formerly called 'Exercise Science (Physiology and Psychology)'</i>	EXSC199	Psychology of Sport	1 <sup>st</sup> year	Sem 1	Sem 1	Nil
	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 2	Sem 2	Nil
	EXSC225	Physiological Bases of Exercise	2 <sup>nd</sup> year	Sem 1	Sem 1	BIOL125
	EXSC296	Health and Exercise Psychology	2 <sup>nd</sup> year	Sem 2	Sem 2	EXSC199
<b>Human Biology</b> <b>**Semester 1 Entry Students**</b> <i>- from 2022</i>	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 1	Sem 1	Nil
	BIOL126*	Human Biology 2	1 <sup>st</sup> year	Sem 2	Sem 2*	BIOL125
	BMSC209*	Pathophysiology	2 <sup>nd</sup> year	Sem 1	Sem 1*	BIOL126
	BIOL205* OR BMSC206*	Pharmacology 1 OR Introduction to Neuroscience	2 <sup>nd</sup> year	Sem 2	Sem 2*	For BIOL205: BMSC209For BMSC206: BIOL125

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Discipline	Unit code	Unit Title	Year Level	Melbourne	Strathfield	Pre-requisite Units
<b>Human Biology</b> <b>**Semester 2 Entry Students**</b> - from 2022	BIOL125	Human Biology 1	1 <sup>st</sup> year	Sem 2	Sem2	Nil
	BIOL123*	Cells and Tissues – The Fabric of Life	1 <sup>st</sup> year	Sem1	Sem1*	Nil
	BMSC206*	Introduction to Neuroscience	2 <sup>nd</sup> year	Sem2	Sem2*	BIOL125
	BIOL206* Or BMSC309	Human Genetics  Advanced Cardiovascular Physiology	2 <sup>nd</sup> year	Sem1	Sem1*	For BIOL206: BIOL123 or BIOL125  For BMSC309: BIOL125
<b>Public Health</b> - from 2023	PUBH100	Foundations of Public Health	1 <sup>st</sup> year	Sem 1	n/a	Nil
	PUBH102	Foundations of Health Promotion	1 <sup>st</sup> year	Sem 2	n/a	Nil
	PUBH306	Public Health Policy and Law	2 <sup>nd</sup> year	Sem 1	n/a	PUBH100 or PUBH102
	PUBH312	Applied Health Promotion	2 <sup>nd</sup> year	Sem 2	n/a	PUBH102

Discipline	Unit code	Unit Title	Melbourne	Strathfield	Pre-requisite Units
<b>Exercise Science (Physiology)</b> - prior to 2023 (Discontinued. Only available for students who chose this minor prior to 2023)	BIOL125	Human Biology 1			Nil
	EXSC198	Physiological Bases of Exercise			
	EXSC199	Psychology of Sport	Sem 1	Sem 1	
	EXSC204 OR EXSC216 OR EXSC322	Exercise Prescription and Delivery OR Resistance Training: Science and Application Or Exercise Physiology: Adaptation to Exercise and the Environment	Sem 2	Sem 2	For EXSC204: EXSC225  For EXSC216: EXSC222 or EXSC225  For EXSC322: EXSC225
	EXSC199	Psychology of Sport			
<b>Exercise Science (Biomechanics)</b> - prior to 2023 (Discontinued. Only available for students who chose this minor prior to 2023)	EXSC120	Mechanical Bases of Exercise			
	EXSC321	Biomechanics	Sem 1	Sem 1	EXSC224 or EXSC120
	EXSC296	Health and Exercise Psychology	Sem 2	Sem 2	EXSC199
<b>Public Health</b> - prior to 2023 (Discontinued. Only available for students who chose this minor prior to 2023)	PUBH100	Foundations of Public Health	Sem 1	n/a	Nil
	PUBH103	Epidemiology	Sem 2	n/a	Nil
	PUBH304	Public Health Advocacy	Sem 1	n/a	PUBH100, PUBH102, PUBH103
	PUBH200	Globalisation, Environment and Health	Sem 2	n/a	PUBH100, PUBH102
<b>Exercise Science (Anatomy and Psychology)</b> - prior to 2023 (Discontinued. Only available for students who chose this minor prior to 2023)	EXSC199	Psychology of Sport	Sem 1	Sem 1	Nil
	ANAT100	Anatomical Foundations of Exercise Science	Sem 2	Sem 2	Nil
	EXSC222	Functional Anatomy	Sem 1	Sem 1	ANAT100
	EXSC296	Health and Exercise Psychology	Sem 2	Sem 2	EXSC199

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Discipline	Unit code	Unit Title	Melbourne	Strathfield	Pre-requisite Units
<b>Chemistry</b> - prior to 2023 (Discontinued. Only available for students who chose this minor prior to 2023)	CHEM105*	Foundations of Chemistry	Sem1	Sem 1	Nil
	CHEM106*	Physical and Organic Chemistry	Sem 2	Sem 2	CHEM105
	CHEM204*	Biochemistry	Sem 1	Sem 1	CHEM105
	CHEM206*	Advanced Metabolic Biochemistry	Sem 2	Sem 2	CHEM204
<b>Human Biology</b> - prior to 2022 (Discontinued. Only available for students who chose this minor prior to 2022)	BIOL123*	Cells and Tissues – The Fabric of Life			
	BIOL124*	Human Body in Health and Disease			
	BIOL204*	Human Body in Health and Disease 2	Sem 1	Sem 1	BIOL123
	BIOL205* OR BMSC206*	Pharmacology 1 OR Introduction to Neuroscience	Sem 2	Sem 2	BIOL124
<b>Public Health</b> - prior to 2021 (Discontinued. Only available for students who chose this minor prior to 2021)	PUBH100	Foundations of Public Health			
	PUBH102	Foundations of Health Promotion			
	PUBH101	Biomechanics	Sem 1	n/a	Nil
	PUBH200	Globalisation, Environment and Health	Sem 2	n/a	PUBH100, PUBH102

**\*Note for Strathfield students:** Units with an asterisk are only offered on the North Sydney campus, not on the Strathfield campus. You could only undertake this Minor if you were willing to travel between campuses.

## 2. Psychology Elective Unit

Please refer to the list below to find a suitable Psychology Elective Unit on your campus.

Please refer to the [2023 ACU Handbook](#) to review the unit description of units that interest you, so you can find out more about their content and aim. Please follow the link to the Handbook, select 'Unit' above the search bar and then enter the unit code of a unit you would like to learn more about. Should you require further advice on choosing an appropriate Psychology Elective Unit, please contact your Course Coordinator. Please note that unit availability and study modes are subject to change.

**Table 3**

Unit code	Unit Title	Location	Semester	Mode	Pre-requisite Units
PSYC109 *	Applied Positive Psychology	Rome	SIR	SRM	Nil
PSYC207	Culture and Psychology	Strathfield	Semester 2	C	PSYC100 and PSYC101
PSYC316	Health Psychology	Melbourne	Semester 2	C	PSYC100 and PSYC101
PSYC319	Psychology of Sexuality and Gender	Melbourne	Semester 2	C	PSYC100 and PSYC101
PSYC320	Emotion and Social Cognition	Strathfield	Semester 2	C	PSYC100 and PSYC101 and PSYC206

Mode: C = On Campus; SRM = Semester in Rome

**\* PSYC109 offered in Rome as part of ACU's Semester in Rome program. [Click here for more information.](#)**