

This document refers to the following degrees:

- Bachelor of Teaching / Bachelor of Exercise Science (for students who commenced prior to 2021)
- Bachelor of Education (Secondary) / Bachelor of Exercise Science (for students who commenced 2021 or later)
- Bachelor of Education (Secondary) (for students who commenced 2021 or later)

Not all offerings described here apply to all degrees

The lists that follow provide information on the units offered on the different campuses (or online) in 2021. Please note that there may be other units available in your chosen discipline, that do not appear in this list because they are not on offer in 2021 or because they are not applicable to a sequence within an education degree. To view the complete structure of your discipline, please refer to the Course Rules sequences for your course.

### **How to use this document**

Use the table of contents to locate your discipline and check which units are on offer in 2021 either on your campus or as national online units.

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## PHYSICAL EDUCATION (Vic, Qld)

### Available

Physical education is offered in Queensland and Victoria for students studying

- Bachelor of Teaching / Bachelor of Exercise Science (for students who commenced prior to 2021)
- Bachelor of Education (Secondary) / Bachelor of Exercise Science (for students who commenced 2021 or later)
- Bachelor of Education (Secondary) (for students who commenced 2021 or later)

A= Attendance mode

INC: Incompatible – you may not do the unit if you have already passed the incompatible unit

### Semester 1

CODE	TITLE	Bris	Mel	Prereq
ANAT100 (*)	ANATOMICAL FOUNDATIONS OF EXERCISE SCIENCE	A	A	Nil
BIOL125	HUMAN BIOLOGY 1	A	A	Nil
EXSC187	GROWTH, MOTOR DEVELOPMENT AND AGEING	A	A	Nil
EXSC199	PSYCHOLOGY OF SPORT	A	A	Nil
EXSC109 (#)	GAMES AND SPORTS SKILLS	A	A	Nil
EXSC225	PHYSIOLOGICAL BASES OF EXERCISE ( <i>note that this was formerly coded as EXSC198</i> )	A	A	BIOL125 (P)
EXSC216 (#)	RESISTANCE TRAINING: SCIENCE AND APPLICATION	A	A	EXSC225 (P)
EXSC313 (#)	AQUATICS AND ATHLETICS	A	A	Nil
EXSC392 (*)	LEADERSHIP DEVELOPMENT IN PHYSICAL ACTIVITY	A	A	Nil

### Winter

CODE	TITLE	National Online	Prereq
EXSC316 (# @)	NUTRITION FOR SPORTS PERFORMANCE	Online (Vic and Qld only)	EXSC118 AND EXSC225 (P) Inc: EXSC322

### Semester 2

CODE	TITLE	Bris	Mel	Prereq
BIOL125	HUMAN BIOLOGY 1	A	A	Nil
EXSC117	LEADERSHIP DEVELOPMENT IN TEAM GAMES	A	A	Nil
EXSC118	NUTRITION AND EXERCISE	A	A	Nil
EXSC224 (*)	MECHANICAL BASES OF EXERCISE ( <i>note that this was formerly coded as EXSC120</i> )	A	A	Nil
EXSC230	MOTOR CONTROL AND LEARNING	A	A	EXSC187 (P)
EXSC322 (# @)	EXERCISE PHYSIOLOGY: ADAPTATION TO EXERCISE AND THE ENVIRONMENT	A	A	EXSC225 (P) Inc: EXSC316

\* **Not** units on the course map for students commencing **2021 or after**.

# **Not** units on the course map for students commencing **prior to 2021**.

@ Students commencing in 2021 or later would complete **either** EXSC316 or EXSC322.

## PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION (NSW)

### Available

Physical education is offered in NSW for students studying

- Bachelor of Education (Secondary) / Bachelor of Exercise Science (for students who commenced 2021 or later)
- Bachelor of Education (Secondary) (for students who commenced 2021 or later)

*In order to meet the requirements for PDHPE teaching in NSW, this is an extended sequence compared to that required in Victoria and Queensland. Students are strongly advised to complete the double degree in order to have a second teaching are.*

A= Attendance mode

INC: Incompatible – you may not do the unit if you have already passed the incompatible unit

### Semester 1

CODE	TITLE	Strath	Prereq
BIOL125	HUMAN BIOLOGY 1	A	Nil
EXSC187	GROWTH, MOTOR DEVELOPMENT AND AGEING	A	Nil
EXSC199	PSYCHOLOGY OF SPORT	A	Nil
EXSC109	GAMES AND SPORTS SKILLS	A	Nil
EXSC225	PHYSIOLOGICAL BASES OF EXERCISE <i>(note that this was formerly coded as EXSC198)</i>	A	BIOL125 (P)
EXSC216 (#)	RESISTANCE TRAINING: SCIENCE AND APPLICATION	A	EXSC225 (P)
EXSC313	AQUATICS AND ATHLETICS	A	Nil
EXSC314	HEALTHY RELATIONSHIPS FOR YOUNG PEOPLE	A	Nil

### Semester 2

CODE	TITLE	Strath	Prereq
BIOL125	HUMAN BIOLOGY 1	A	Nil
EXSC118	NUTRITION AND EXERCISE	A	Nil
EXSC230	MOTOR CONTROL AND LEARNING	A	EXSC187 (P)
EXSC106	SOCIAL AND EMOTIONAL WELLBEING OF YOUNG PEOPLE	A	Nil
EXSC250	GYMNASTICS AND DANCE	A	Nil
EXSC385	CHALLENGES AND OPPORTUNITIES IN THE HEALTH OF YOUNG PEOPLE	A	Nil

## HEALTH (Vic)

### Available

Health, as a complement to Physical Education, is offered in Victoria for students studying

- Bachelor of Teaching / Bachelor of Exercise Science (for students who commenced prior to 2021)
- Bachelor of Education (Secondary) / Bachelor of Exercise Science (for students who commenced 2021 or later)
- Bachelor of Education (Secondary) (for students who commenced 2021 or later)

*Note that students completing either of the following courses would study the **Healthy Development** minor to become a Health teacher, and they should refer to the [Arts unit listings](#) for those details*

- *Bachelor of Teaching / Bachelor of Arts (for students who commenced prior to 2021)*
- *Bachelor of Education (Secondary) / Bachelor of Arts (for students who commenced 2021 or later)*

A= Attendance mode

INC: Incompatible – you may not do the unit if you have already passed the incompatible unit

### Semester 1

CODE	TITLE	Mel	Prereq
EXSC187	GROWTH, MOTOR DEVELOPMENT AND AGEING	A	Nil
PUB102	FOUNDATIONS OF HEALTH PROMOTION	A	Nil

### Semester 2

CODE	TITLE	Mel	Prereq
EXSC118	NUTRITION AND EXERCISE	A	Nil
PUB302	APPLIED HEALTH PROMOTION	A	PUB102 (P)

## HEALTHY DEVELOPMENT (Vic)

### Available

The Healthy Development minor is available to students in Victoria for students studying

- Bachelor of Teaching / Bachelor of Arts (for students who commenced prior to 2021)
- Bachelor of Education (Secondary) / Bachelor of Arts (for students who commenced 2021 or later)

*Note that students completing the following courses would study the **Health** sequence of units available through the Faculty of Health Sciences*

- *Bachelor of Teaching / Bachelor of Exercise Science (for students who commenced prior to 2021)*
- *Bachelor of Education (Secondary) / Bachelor of Exercise Science (for students who commenced 2021 or later)*
- *Bachelor of Education (Secondary) (for students who commenced 2021 or later)*

Details of the **Healthy Development** minor are available [here](#)

## OUTDOOR EDUCATION

**The first year units are NOT available for 2021. Students commencing studies in 2021 who would like to study Outdoor Education should consult with their course co-ordinator**

### Available

Outdoor Education is offered in Queensland and Victoria for students studying

- Bachelor of Education (Secondary) / Bachelor of Exercise Science (for students who commenced 2021 or later)
- Bachelor of Education (Secondary) (for students who commenced 2021 or later)

*Note that due to course structure constraints Outdoor Education is **not** available in Bachelor of Teaching / Bachelor of Exercise Science (for students who commenced prior to 2021)*

A= Attendance mode

INC: Incompatible – you may not do the unit if you have already passed the incompatible unit

### Semester 1

CODE	TITLE	Bris	Mel	Prereq
EXSC115	FOUNDATIONS OF THE OUTDOOR EXPERIENCE	A	A	Nil
EXSC312	RIVER JOURNEYS AND CONNECTIONS TO PLACE	A	A	EXSC116 (P)
EXSC290	THE AQUATIC ENVIRONMENT AND THE OUTDOOR EXPERIENCE	A	A	Nil

### Semester 2 :

CODE	TITLE	Bris	Mel	Prereq
EXSC116	JOURNEYING IN THE NATURAL WORLD	A	A	Nil
EXSC390	LEADERSHIP PRACTICES AND THE OUTDOOR EXPERIENCE	A	A	EXSC116 (P)
EXSC391	EVALUATION OF THE OUTDOOR EXPERIENCE	A	A	EXSC390 (P)