

**AUTISM AT ACU** 



## Communication challenges

Many autistic people have difficulty interacting with others and can find it challenging to initiate interactions, respond to others or keep conversations going. They may also miss non-verbal cues or the nuances of a social situation.

## What you can do to help

- Recognise different communication styles and don't mistake communication challenges for rudeness.
- Be clear in your communication and patient if the person needs time to respond to a question or misses a non-verbal cue.
- Prepare some talking points in advance. Autistic people tend to connect to others through their personal interests.

Autism Awareness Acceptance Appreciation