

PSDQ

Physical Self Description Questionnaire

PACKAGE

The following package presents the Physical Self Description Questionnaire Instrument.

Document 1. **The PSDQ Instrument.** 1 master copy that can be used as presented with the instructions as printed unless approval to vary the instrument or instructions has been granted by the authors.

Document 2. **The PSDQ Factors.** This document gives a brief summary of each of the 11 PSDQ factors.

Document 3. **The PSDQ outline.** This document gives a historical overview of the development of the PSDQ instrument and its purposes and usefulness and also its basic psychometric properties.

Document 4. **Variable names for data entry of the PSDQ.** It is suggested data be entered using the variable names suggested. In particular this will allow easy comparison to databases using this instrument.

Document 5. **Resources & References.** A list of publications and resources which provide significant information regarding the use or psychometric properties of the instrument and a full copy of the most useful psychometric publication that is available.

*** Please note that the SELF Research Centre does not provide statistical support to researchers who use this instrument.**

USE OF THE PSDQ.

It is a condition of the use of this instrument that any data on this instrument which is collected will be made available in electronic form to the SELF Research Centre.

It is not necessary to provide identifying information such as names etc. However, the data should include, age, gender and the country or area of administration and some general description of the respondents, eg secondary school students, or teachers, or psychology students, etc.

Should use of this instrument lead to any publication, it is a condition of use that the researchers collecting the data, will acknowledge the origins of the instrument. Should the instrument be varied it would be appreciated if the SELF Centre was consulted before the variation was used. If you intend to use only a single scale or some but not all scales and no other variation then consultation is not necessary.

Final data provided will be used only for psychometric evaluation and for addition to norms etc.