



**It's time to make
an impact.**

Lucy
ACU student



**Your time
starts now.**



Executive Dean's welcome

The Faculty of Health Sciences at ACU is known for world-leading education and research, and for producing graduates who make a difference. Whether you want to gain new professional qualifications, change your career direction, or pursue a personal ambition, we've got the brightest minds waiting to help you on your way.

We're a young university, but we are making our mark. ACU is ranked in the top 50 of Generation Y universities worldwide* and in the top 10 Catholic universities**. We've got more than 200 partner universities on six continents, community engagement opportunities around the globe, and a campus in Rome, Italy.

The faculty is deeply engaged with industry, government, and the community. And all our courses offer work placements, internships with leading companies, or volunteering opportunities.

Our curricula are developed and refined in conjunction with industry leaders, to ensure they reflect local and international knowledge, rapid changes in the health environment, and advances in student learning.

ACU has two research institutes focusing on health sciences – the Mary MacKillop Institute for Health Research, and the Institute for Positive Psychology and Education. In the latest Excellence in Research for Australia (ERA) assessment, we received the top score for research in human movement and sports science, nursing, psychology and public health and health services.

At ACU it's education, but with a bigger purpose. We're a university committed to standing up for people in need, and causes that matter. If you've got the desire to make an impact, we'll give you the skills to change the world.

I look forward to welcoming you to our university.

Professor Michelle Campbell
Executive Dean, Faculty of Health Sciences

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MEANINGFUL EDUCATION, NOT MASS PRODUCTION

At ACU, it's education, but with a bigger purpose. We're a university committed to standing up for people in need and causes that matter. If you've got the desire to make an impact, we'll give you the skills to change the world. And if you want to start making an impact now – you can. Research within our faculties and institutes tackles enduring and pressing issues in society, in Australia, and around the world.

Think you know ACU?

You're just getting started.
It's education, but not as you know it.



WE SEE THE WHOLE PERSON

Everyone is welcome at ACU. We're inclusive and supportive of everyone, every day, and our students feel it – giving us five stars for overall experience, learner engagement and skills development.* We'll get to know you, and we will make sure you get the most out of your uni experience.

*Good Universities Guide 2018



WE'VE GOT YOUR BACK

Whether it's figuring out how to enrol, or finding the best coffee on campus, we'll help you out in person, online, by phone, live chat, or even SMS. And if you need support with your studies, career advice, or counselling services, we've got that covered too.

acu.edu.au/askacu



THE WORLD IS OUR CAMPUS

We're young, but we are making our mark. We're ranked in the top 50 of Generation Y universities worldwide* and in the top 10 Catholic universities** – alongside Georgetown and Boston College in the US. We've got more than 200 partner universities on six continents, community engagement opportunities around the globe, and a campus in Rome, Italy.

*Times Higher Education Young University Rankings 2017
**Times Higher Education World University Rankings, IFCU members 17/18



CONNECTIONS THAT COUNT

Our partnerships around Australia and overseas provide rich learning experiences for our students. These relationships enhance student learning and provide opportunities for practical work experience and collaborative research.



FINANCIAL SUPPORT

We know that balancing the cost of living and study can be tricky. So we offer nearly 400 scholarship opportunities which recognise academic achievement, community participation, and help out students from a range of backgrounds. See page 8.



FLEXIBLE STUDY

Study needs to be flexible. We get that life changes fast, and you need to find the right balance of family, work and study. Many of our courses offer part-time and full-time options, as well as online learning, travel opportunities, intensive units, and flexible start dates.

Our neighbourhoods

We've got seven campuses around Australia, and a campus in Rome, Italy. Each one is unique, but they're all dynamic, inviting and great places to learn.

Head to acu.edu.au/tour to take a virtual tour of your campus.

BALLARAT

Our Ballarat Campus is located in the centre of town. Just over an hour from Melbourne and a block from Lake Wendouree, it has a lot to offer.

- Central location
- Situated amid historic gardens and beautiful old buildings
- Free parking

BRISBANE

Whether you want to get involved in campus life, create a professional network, or just find a quiet place to study, our Brisbane Campus has you covered. Set on 40 hectares of parklands, it offers many places to relax, like cafes and a swimming pool.

- Shuttle bus connections to public transport
- Ample free parking
- State-of-the-art learning facilities

CANBERRA

Just five kilometres from the city centre, our Canberra Campus has a lot to offer. With a campus lounge and swimming pool, you'll have plenty to keep you busy between classes.

- Free parking
- Brand new library and 300-seat lecture theatre
- Beautiful landscaped gardens

MELBOURNE

Our Melbourne Campus is right next to the cafes, art galleries and live music venues of Brunswick Street. Kick back with a coffee on the rooftop garden or hang out with friends in our cafes.

- Close to six tram routes, bus routes, and Parliament Station
- Award-winning library
- Art gallery

NORTH SYDNEY

Just across the Harbour Bridge from the city centre, our North Sydney Campus is a great place to study and socialise.

- Close to North Sydney train station and many bus connections
- State-of-the-art learning facilities
- Cafes and dining options close to campus

STRATHFIELD

Our Strathfield Campus is set amid beautiful landscaped grounds and historic buildings, with excellent transport links. Whether you want to have a friendly match on our rugby and soccer ovals or take in a show at our art gallery, you'll have plenty to keep you busy between classes.

- Free parking
- Shuttle bus from Strathfield train station
- Art gallery

ADELAIDE

Our Adelaide Campus is one of our newest additions, and primarily offers postgraduate courses in theology.

ROME

Our Rome Campus is located on Janiculum Hill and has a rich history. It sits on a sprawling property that boasts extensive gardens and terraces to enjoy beautiful views of the city.

- Close to the Vatican and popular tourist sites
- Newly renovated, onsite residential accommodation
- Community engagement opportunities



Numbers that count

IN AUSTRALIA

Top 5

SKILLS DEVELOPMENT
AND LEARNER
ENGAGEMENT
QILT 2016

Top 10

TEACHING QUALITY
AND OVERALL
SATISFACTION
QILT 2016

5 stars

FOR OVERALL
EXPERIENCE, LEARNER
ENGAGEMENT AND
SKILLS DEVELOPMENT
Good Universities Guide 2018

RESEARCH

ABOVE WORLD STANDARD

HUMAN MOVEMENT AND SPORTS SCIENCE
NURSING
PUBLIC HEALTH AND HEALTH SERVICES
PSYCHOLOGY
ERA 2015

IN THE WORLD

Top 3%

UNIVERSITIES
Times Higher Education World
University Rankings 17/18

Top 50

GENERATION Y
UNIVERSITIES
Times Higher Education Young
University Rankings 2017

Top 40

SPORTS SCIENCE
ARWU 2017

Top 50

NURSING
ARWU 2017



Postgraduate study pathways

In general, postgraduate study falls into two main categories: coursework and research.

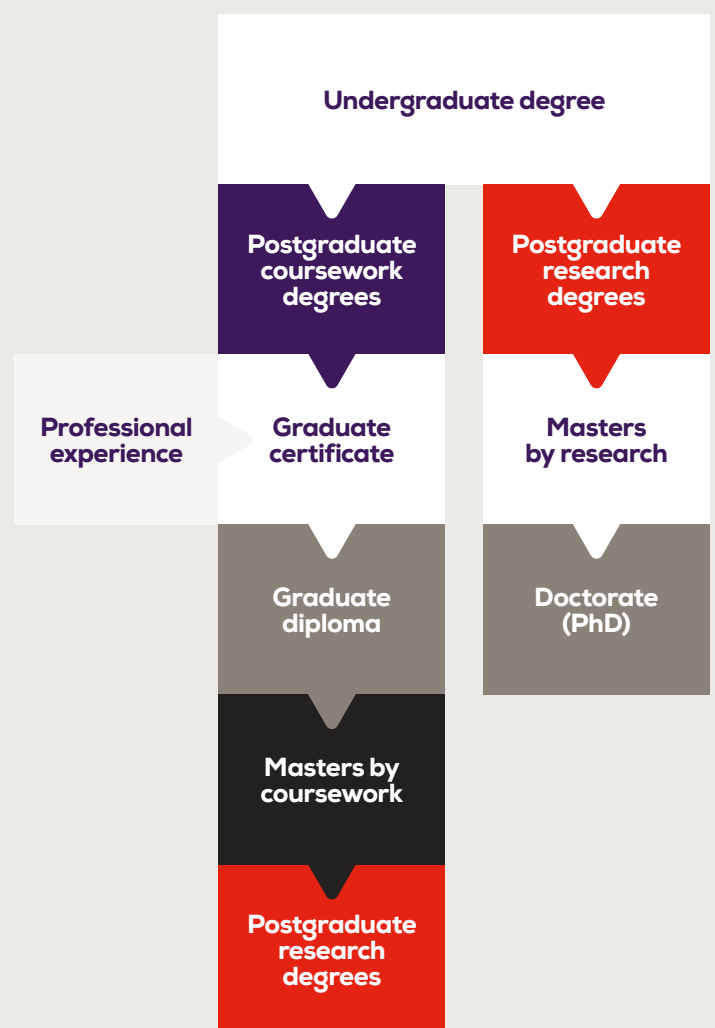
Coursework

- Programs are generally six months to two years full-time.
- You can expect classes, units, and set assessments, similar to an undergraduate degree.
- To apply you usually need to have completed an undergraduate degree first. However, professional experience can also be taken into account.
- The graduate certificate, graduate diploma and masters degree are connected and can build on each other.
- If you're considering a masters degree but don't initially qualify, you may be accepted into the graduate certificate or diploma in the same area of study.
- If you choose to study a masters degree but your circumstances change, you may be able to exit the degree early with the relevant graduate certificate or graduate diploma.
- Coursework programs are ideal for gaining new skills and getting ahead in your career.

Research

- Programs are generally two to four years full-time.
- You can expect independent research and exploration of original ideas under the guidance of a supervisor.
- To apply you usually need to have completed an undergraduate degree with honours or a masters.
- ACU offers supervised research at either masters or doctoral level.
- Research programs are ideal for making a new contribution to an academic field. They can be a pathway to research or an academic career, or help you get ahead at work.

Pathways through postgraduate study



If you're studying at another university and would like to switch to ACU, or you have relevant knowledge and skills acquired in the workplace, you may be able to get credit towards your degree.

acu.edu.au/priorlearning

Fees and scholarships

There are many options to help you manage the cost of study. Tuition fees depend on the course you enrol in, and there are two types of fees: fee-paying place, and Commonwealth Supported Place (CSP).



FEE-PAYING

A fee-paying place is not subsidised by the government, so you pay the full cost of the course. As a domestic fee-paying student, you may be eligible to defer payment of your fees through the FEE-HELP government loan scheme. Repayment of the loan occurs through the tax system once your income exceeds the minimum threshold. Your employer may also consider assisting with the cost of study if the course is related to your current position.

studyassist.gov.au



COMMONWEALTH SUPPORTED PLACE (CSP)

Some postgraduate courses at ACU offer CSPs, where the government pays a proportion of tuition costs. The remainder of the fees are paid by the student, but eligible students can defer their payment through the HECS-HELP government loan scheme. Repayment of the loan occurs through the tax system once your income exceeds the minimum threshold.

studyassist.gov.au



RESEARCH TRAINING PROGRAM FEES OFFSET SCHOLARSHIPS

If you are enrolling in a masters by research or doctorate program at ACU, you may be exempt from paying tuition fees. Our Research Training Program Fees Offset Scholarships are for high-achieving domestic students whose research proposal aligns with our priority areas.

research.acu.edu.au/scholarships



FACULTY ALUMNI REBATE

If you're an ACU graduate, you may be eligible for a 10 per cent rebate on postgraduate fees.

acu.edu.au/fhs/alumni-rebate



POSTGRADUATE COURSEWORK SCHOLARSHIPS

We offer scholarships to help support you financially during your studies. Use our online scholarships portal to find the ones that are right for you.

acu.edu.au/scholarships



RESEARCH TRAINING PROGRAM STIPEND SCHOLARSHIPS

We offer competitive scholarships with a stipend to help support you financially during your research, and to reward outstanding academic achievement. For international students, this includes a tuition fee waiver and an Overseas Health Care Policy.






research.acu.edu.au/scholarships

Got questions? We're waiting with the answers.

acu.edu.au/askacu

Applying to ACU

Postgraduate coursework degrees

- 1.**  Choose the course you would like to study by browsing this guide and visiting acu.edu.au/courses for more details.
- 2.**  Check important dates and application requirements carefully – some courses also require supporting documentation.
- 3.**  Check out the postgraduate scholarships available at acu.edu.au/scholarships
- 4.**  Apply online direct to ACU at acu.edu.au/courses
- 5.**  Accept your offer and enrol.

Postgraduate research degrees

Application to ACU higher degrees by research, including the Master of Philosophy and Doctor of Philosophy, is by direct application to Graduate Research at ACU.

- 1.**  Visit acu.edu.au/research/apply
- 2.**  Check the program requirements, application deadlines, and your eligibility.
- 3.**  Complete an application for admission.
- 4.**  Organise your two referee reports.
- 5.**  Submit the completed application.

For more information on how to apply for postgraduate coursework degrees, visit acu.edu.au/apply

For more information and to apply for postgraduate research degrees, visit acu.edu.au/research/apply

If you still have questions or need help with your application, visit acu.edu.au/askacu

Faculty of Health Sciences

The Faculty of Health Sciences works to prepare highly skilled graduates who promote wellbeing and prevent illness for Australia's health and sports industries, and provide quality health care for vulnerable communities.

We give our students the skills, knowledge, and practical experience they need to succeed. Our graduates are helping improve the health of individuals, families, and communities with their expertise and passion. Our students come from diverse backgrounds, and receive tailored support from their supervisors in an environment known for rigorous and robust intellectual inquiry. They are valued as individuals and teaching staff are directly involved with their academic development.

We get that life is busy, and you need to find the right balance of family, work and study. Flexible learning options are available across six campuses in Brisbane, Ballarat, Canberra, Melbourne, and Sydney (Strathfield and North Sydney). Many of our postgraduate programs can be accessed from anywhere in the world.

Cross-disciplinary study units bring together current and new knowledge from a range of professions, and our curriculum is developed and refined in conjunction with industry leaders. Our popular postgraduate nursing courses prepare students for advanced general and specialised areas, and can be tailored to suit individual career aspirations.

The faculty has a growing research agenda, and there are opportunities for masters and doctoral students to join current research projects. Priority areas of research in allied health and physiotherapy include childhood disability, voice disorders, stroke and rehabilitation. Our nursing research focuses on acute care (including cardiovascular health), chronic and palliative care, innovative health care delivery systems, and implementation research translating evidence into practice. Our innovative psychology research has a strong focus on influencing practices in health, education, and the community, and spans three main areas of strength: cognition and applied cognitive neuroscience, developmental and educational psychology, and clinical and health psychology.

Active psychology and counselling clinics are run at the Brisbane, Melbourne and Strathfield campuses, which support both professional training and research in these areas. These clinics offer affordable mental health care to members of the public and are staffed by postgraduate students working under supervision.



PROFESSOR KIM FOSTER

Professor Kim Foster joined ACU in 2016 as Professor of Mental Health Nursing and leader of the Mental Health Nursing Research Unit at the Royal Melbourne Hospital. The research unit is a joint partnership between ACU and NorthWestern Mental Health (NWMH), Melbourne Health. Her role is to conduct high quality collaborative research with mental health nurses, consumers, carers, and multidisciplinary colleagues that translates into effective care and improves the wellbeing and outcomes of mental health consumers and carers.

Professor Foster's main areas of research interest have been co-associated physical and mental health, children and families with challenging physical and/or mental health conditions, and the mental health workforce's capacity to provide quality care. This work aims to develop strengths-based approaches to care. Her current research is on family-focused practice and building resilience in vulnerable families, and resilience education for mental health nurses. Professor Foster has won numerous awards for her research, and in 2011 was awarded a Churchill Fellowship in the field of resilience. She is currently a chief investigator on a collaborative National Health and Medical Research Council Partnership Grant in the area of paediatric trauma.



DR SUZANNE KUYIS

Dr Suzanne Kuys is the National Head of the School of Physiotherapy and leads the Master of Rehabilitation program. Dr Kuys has considerable clinical, teaching and research experience with people following stroke and other neurological conditions and older adults, particularly people undergoing rehabilitation and transitioning from the hospital to home.

Dr Kuys has been a clinician for 25 years, with more than 15 years' experience in stroke rehabilitation, and a strong interest in gait and balance retraining. Her recent research interests include physical activity, how we can get older people and people with disabilities to undertake physical activity, and the benefits to these groups from a health and societal perspective. Dr Kuys is interested in examining how health services can optimise health outcomes for patients.

Her research interests include hospital-based rehabilitation and care, stroke, balance and gait retraining, outcome measures and physical activity.

Health sciences' partnerships

The Faculty of Health Sciences has strong partnerships with a number of health care providers, which has allowed us to open clinical schools in New South Wales, the Australian Capital Territory, Queensland, and Victoria.

We have continued to invest in expanding health sciences facilities on our campuses, with the establishment of ACU Health Clinics in Brisbane, Melbourne, Strathfield, and North Sydney. The clinics provide multidisciplinary health services to our students, staff, and the wider community. They also give our postgraduate students opportunities for professional practice placements with expert clinicians.

A number of collaborative research partnerships have been established to ensure research success for the faculty. Professional appointments to joint chair positions are also in place with a number of health services. Internationally, the Faculty of Health Sciences has a range of partnerships that are linked to community engagement in developing countries, research, and academic and cultural exchange.



Our partnerships with health care providers around Australia and overseas provide rich learning experiences for our students. These relationships enhance student learning, and provide opportunities for practical work experience and collaborative research.



JOB CO

“JobCo. is both a specialist employment service, working with people with a mental illness, and a mental health service assisting people with significant mental health issues. Over the past few years we have had many ACU students on both short and long-term placements with us and found them to be extremely interested in working with our client group, excited to have the experience of direct client work and keen to engage in a collegial, mutually beneficial, supervisory experience. ACU students have done some serious, helpful work with our clients and the process of putting theory into practice has been invaluable for both them and our clients.”

Sean Guy
Psychologist and CEO



CATHOLIC CARE SOCIAL SERVICES, DIOCESE OF PARRAMATTA

“I have supervised a number of ACU social work students over the past few years and have found it an interesting time. Students learn and I learn – so we create a learning environment together. Generally the students have been keen to embrace the opportunities to learn about social work practice and particularly the chance to put theory to practice and see how social work operates in the real world.”

Ann O'Brien, Director, Marriage Support and Specialist Services

Research institutes

ACU has prioritised research intensification. The work within our faculties and institutes tackles enduring and pressing issues in society, in Australia, and around the world. The following institutes are linked to the Faculty of Health Sciences, and provide opportunities for research collaboration.

Institute for Positive Psychology and Education

Director: Professor Rhonda Craven

The Institute for Positive Psychology and Education (IPPE) aims to lead scientific research that empowers individuals and groups to not just succeed – but to flourish and thrive. The institute focuses on conducting world-class multi-disciplinary research in positive psychology and education that makes a difference in addressing critical educational and psychosocial issues.

IPPE prides itself on the calibre of its internationally renowned researchers and scholars, supported by a highly skilled team of professional staff. IPPE has been very successful with external grants awarded from the Australian Research Council and the National Health Medical Research Council, and other national and international bodies. It has also developed significant partnerships with government and non-government organisations, small to medium business enterprises, and others.

IPPE has three research programs spanning a variety of areas:

Australian Centre for Indigenous Thriving

‘A new generation of Indigenous people are turning dreams into reality: education; economic participation, self-esteem and success are part of this new Indigenous world, and there is no going back.’ (Langton 2013).

ACIT answers these needs and brings together a partnership of leading Australian and international Indigenous and non-Indigenous researchers, next generation researchers, government, industry partners, and communities with a shared commitment to addressing Indigenous disadvantage as a critical issue of our time. ACIT’s purpose is to enable Indigenous children, youth, and communities to not just succeed but thrive with a focus on educational, physical, psychological, and family and community thriving. ACIT:

- promotes a positive psychology strengths-based approach founded upon identifying, building upon, and augmenting Indigenous success
- champions excellence in research to integrate and leverage in new ways, Indigenous ways of knowing, doing, and being with advances in international research that are based on western scientific approaches that have benefited disadvantaged populations globally
- prioritises the voices and agency of Indigenous children, youth, and communities and undertaking research in genuine partnership.

Positive Psychology

This program aims to produce high-quality empirical research on the factors that allow humans to flourish and, in so doing, contribute to their community and society at large. The program includes research with a focus on interventions and randomised control trials as well as the use of cutting edge statistical methods applied to large-scale longitudinal or cross-country survey data. A major focus is on adolescence and development in context with a particular focus on education. The development of new statistical approaches to better address questions of human flourishing is also a major aim of the program.

Motivation and Behaviour

This program focuses on understanding human motivation and behavior for the promotion of human wellness. The program is underpinned largely by self-determination theory and incorporates a range of research methods, from optical neuroimaging in laboratory experiments to large-scale implementation and evaluation of public health promotion interventions. Associate Professor Chris Lonsdale leads a team of researchers who focus on public health, while Professor Richard Ryan leads a team of researchers who are more specifically focused on advancing SDT.

acu.edu.au/ippe



Research success

Health sciences research at ACU is seeing results. In the most recent Excellence in Research for Australia (ERA) initiative, we were rated 'well above world-standard' in human movement and sports science, nursing, psychology, public health and health services.



The Mary MacKillop Institute for Health Research

Director: Professor John Hawley

The Mary MacKillop Institute for Health Research (MMIHR) is focused on undertaking research that discovers and promotes effective strategies to create a healthier Australia. Our work aims to address critical public health issues by identifying and responding with innovative programs that deliver better health outcomes and transform lives.

We bring national and international health experts together with leading organisations across a broad portfolio of health-related research areas. By fostering an environment of collaborative research, without discipline-based boundaries, the impact we can make is profound and extensive.

MMIHR emphasises the importance of translating research findings into practical health initiatives that produce real outcomes. Our team of prominent researchers are driven to improve the quality of health interventions through research that tests and improves the effectiveness of existing health-related programs, health service delivery and health education, and community planning and design. Our research enables us to develop and shape individual, social and community programs based on a rigorous analysis and synthesis of observational and experimental data, from the molecular to societal level.

Our research emphasises the complex interactions between individuals, social and physical aspects of their communities and health care systems. This broad-based approach includes:

- clinically based exercise-nutrition intervention studies to:
 - improve and maintain bone and skeletal muscle health for healthy ageing
 - maximise health benefits through the optimal timing of nutrition and exercise
- prevent and manage the adverse effects of cancer and chronic metabolic diseases
- discover the biological mechanisms underlying the health benefits of exercise and nutrition.
- environmental and behavioural epidemiological studies aimed at:
 - identifying key physical and social aspects of urban environments which promote physical and cognitive health across the lifespan
 - understanding how genetic, psychosocial and behavioural factors interact with the environment to impact on health
 - identifying optimal person- and environment-tailored intervention strategies for the promotion of health-related behaviours.
- focused studies to understand and describe the individual impact of risk behaviours and disease
- the promotion of equitable access to health services and active-friendly communities.



Joanne Yates
Senior Leaders'
Program graduate

EXECUTIVE EDUCATION

A NEW CLASS OF LEADERSHIP FOR A NEW KIND OF LEADER

Just as tomorrow's challenges will bear little resemblance to those of today, great leaders will look nothing like the models we've become familiar with.

That's because the environment is one of constant unknowns, rather than familiar patterns. Innovative future leaders will thrive in uncertainty, succeed in business, and excel in life.

ACU Executive Education is about developing innovative leaders who are eager to redefine business, move forward effectively and are ready to make a real difference to their organisations and the world. We do this through a range of exceptional masterclasses, short courses and executive

postgraduate qualifications uniquely created for today's busy professionals.

Alternatively, we can create leadership programs that are designed specifically for your organisational needs.

We believe standing still is not an option. We want to encourage you to be curious as you pursue your journey of personal growth, and pave your own way through the complexity to make a difference.



MASTERCLASSES AND SHORT COURSES

Influence people
Negotiation leadership
Senior leaders' program



EXECUTIVE POSTGRADUATE QUALIFICATIONS

Leading resilient enterprises
Leadership and Catholic culture
Management of not-for-profit organisations
Psychology of risk
Family and systemic therapy



CONTACT US

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Got a question or feeling social?

AskACU: acu.edu.au/askacu

We're here to help

If you've got a question, our AskACU team has you covered. You can search FAQs, text us, email, live chat, call – whatever works for you.

 facebook.com/Australian.Catholic.University

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 [@ACUmedia](https://twitter.com/ACUmedia)  [ACUsocial](https://www.youtube.com/ACUsocial)

Send us your details and we will keep you in the loop about courses, events, information sessions and more.
yourfuture.acu.edu.au



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