

Master of Exercise Physiology

(Information last updated on 4 April 2023)



Course Maps

Commenced 2023

| | |
|---|---|
| Master of Clinical Exercise Physiology Coursework Stream Full-time Entry February 2023..... | 2 |
| Master of Clinical Exercise Physiology Coursework Stream Part-time Entry February 2023..... | 3 |
| Master of Clinical Exercise Physiology Thesis Stream Full-time Entry February 2023..... | 4 |
| Master of Clinical Exercise Physiology Coursework Stream Combined Part-time and Full Time Entry Mid-Year 2023 ... | 5 |

Commenced 2022

| | |
|---|---|
| Master of Clinical Exercise Physiology Coursework Stream Full-time Entry February 2022..... | 6 |
| Master of Clinical Exercise Physiology Coursework Stream Part-time Entry February 2022..... | 7 |
| Master of Clinical Exercise Physiology Thesis Stream Full-time Entry February 2022..... | 8 |
| Master of Clinical Exercise Physiology Coursework Stream Combined Part-time and Full Time Entry Mid-Year 2022 ... | 9 |

Electives

| | |
|---|----|
| Master of Clinical Exercise Physiology Electives..... | 10 |
|---|----|

Units offered via **ACU Online**:

ENROLLING IN ACU ONLINE UNITS

For information on enrolling into or withdrawing from *ACU Online* units, refer to the *ACU Online* MY ENROLMENT INSTRUCTIONS in the Unit Offerings 2023 tab on your Course Enrolment Guide page.

For assistance with enrolling into *ACU Online* units, please contact *AskACUO*:

Call: 132286 (13ACUO)

SMS: 0488 857 228

Email: online@acu.edu.au

Master of Exercise Physiology

(Information last updated on 4 April 2023)



Master of Clinical Exercise Physiology (Coursework) Brisbane, Melbourne and Strathfield

Students who study **Full-time** and commence in **February 2023**
Pathway A – Coursework Stream

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | | |
|-----------------------|--|--|---|--|
| SEM 1 2023 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> |
| SEM 2 2023 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639) <i>Multimode</i> |
| YEAR 2 | | | | |
| 2024 | Elective 10cp <i>Online</i> See Elective list for units and scheduling | Prof T1 2024 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> | |
| | | Prof T2 2024 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> | |
| | | Prof T4 2024 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | |

Master of Clinical Exercise Physiology (Coursework) Brisbane, Melbourne and Strathfield

Students who study Part-time and commence in February 2023

Pathway A – Coursework Stream

Students who are out of sequence due to a different part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | |
|-----------------------|--|--|---|
| SEM 1 2023 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | |
| SEM 2 2023 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | |
| YEAR 2 | | | |
| SEM 1 2024 | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> | |
| SEM 2 2024 | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639) <i>Multimode</i> | |
| YEAR 3 | | | |
| 2025 | Elective 10cp <i>Online</i> See Elective list for units and scheduling | Prof T1 2025 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> |
| | | Winter Term 2025 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> |
| SEM 2 2025 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | | |

Master of Exercise Physiology

(Information last updated on 4 April 2023)



Master of Clinical Exercise Physiology (Thesis)

Brisbane, Melbourne and Strathfield

Students who study **Full-time** and commence in February 2023

Pathway B – Thesis stream

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | | |
|-------------------------------|---|--|--|--|
| SEM 1 2023 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> |
| SEM 2 2023 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639) <i>Multimode</i> |
| YEAR 2 | | | | |
| Prof T1 2024 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> | | | |
| SEM 1 2024 | EXSC681 20cp Exercise Physiology Research Project (Part A) (Pre: GPA ≥5.5 in the first 8 units of the Master of Clinical Exercise Physiology degree) <i>Multimode</i> | | | |
| ACU Online T2# | HLSC641# 10cp Introduction to Health Sciences Research <i>Online Unscheduled</i> | | | |
| WINTER 2024 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> | | | |
| SEM 2 2024 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | | EXSC682 20cp Exercise Physiology Research Project (Part B) (Pre: EXSC681) <i>Multimode</i> | |

Master of Exercise Physiology

(Information last updated on 4 April 2023)



Master of Clinical Exercise Physiology (Coursework) Brisbane, Melbourne and Strathfield

Students who commence **Mid-year in 2023** and choose to study a combination of **Part-time** and **Full-time** across their degree

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | | |
|-------------------------|--|--|---|---|
| SEM 2 2023 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | | |
| YEAR 2 | | | | |
| 2024 | Elective 10cp <i>Online</i> See Elective list for units and scheduling | | | |
| SEM 1 2024 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> |
| SEM 2 2024 | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639) <i>Multimode</i> | | |
| YEAR 3 | | | | |
| PROF TERM 1 2025 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> | | | |
| PROF TERM 2 2025 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> | | | |
| PROF TERM 4 2025 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | | | |

Master of Exercise Physiology

(Information last updated on 4 April 2023)



Master of Clinical Exercise Physiology (Coursework) Brisbane, Melbourne and Strathfield

Students who study **Full-time** and commence in **February 2022**
Pathway A – Coursework Stream

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | | |
|---------------|--|--|---|--|
| SEM 1 2022 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> |
| SEM 2 2022 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639) <i>Multimode</i> |
| YEAR 2 | | | | |
| SEM 1 2023 | Elective 10cp <i>Online</i> See Elective list for units and scheduling | Prof T1 2023 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> | |
| | | Prof T2 2023 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> | |
| | | Prof T4 2023 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | |

Master of Clinical Exercise Physiology (Coursework) Brisbane, Melbourne and Strathfield

Students who study **Part-time** and commence in February 2022

Pathway A – Coursework Stream

Students who are out of sequence due to a different part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | |
|---------------|--|--|---|
| SEM 1 2022 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | |
| SEM 2 2022 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | |
| YEAR 2 | | | |
| SEM 1 2023 | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> | |
| SEM 2 2023 | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639) <i>Multimode</i> | |
| YEAR 3 | | | |
| 2024 | Elective 10cp See Elective list for units and scheduling Online | Prof T1 2024 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> |
| | | WINTER 2024 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> |
| SEM 2 2024 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | | |

Master of Clinical Exercise Physiology (Thesis) Brisbane, Melbourne and Strathfield

Students who study **Full-time** and commence in **February 2022**
Pathway B – Thesis stream

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | | |
|----------------------------------|---|--|--|--|
| SEM 1 2022 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> |
| SEM 2 2022 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639) <i>Multimode</i> |
| YEAR 2 | | | | |
| Prof Term 1 2023 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> | | | |
| SEM 1 2023 | EXSC681 20cp Exercise Physiology Research Project (Part A) (Pre: GPA ≥5.5 in the first 8 units of the Master of Clinical Exercise Physiology degree) <i>Multimode</i> | | | |
| ACU Online T2 [#] | HLSC641[#] 10cp Introduction to Health Sciences Research <i>Online Unscheduled</i> | | | |
| WINTER 2023 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> | | | |
| SEM 2 2023 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | | EXSC682 20cp Exercise Physiology Research Project (Part B) (Pre: EXSC681) <i>Multimode</i> | |

Master of Exercise Physiology

(Information last updated on 4 April 2023)



Master of Clinical Exercise Physiology (Coursework) Brisbane, Melbourne and Strathfield

Students who commence **Mid-year in 2022** and choose to study a combination of **Part-time** and **Full-time** across their degree

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

| YEAR 1 | | | | |
|------------------------|--|---|---|---|
| SEM 2 2022 | EXSC639 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Upper Limb and Trunk <i>Multimode</i> | EXSC679 10cp Clinical Assessment and Exercise for Chronic and Complex Conditions <i>Multimode</i> | | |
| YEAR 2 | | | | |
| 2023 | Elective 10cp <i>Online</i> See Elective list for units and scheduling | | | |
| SEM 1 2023 | EXSC634 10cp Clinical Assessment and Exercise for Musculoskeletal Conditions of the Lower Limb <i>Multimode</i> | EXSC635 10cp Clinical Assessment and Exercise for Cardiopulmonary Conditions <i>Multimode</i> | EXSC633 10cp Lifestyle and Exercise Counselling <i>Multimode</i> | EXSC632 10cp Clinical Assessment and Exercise for Neurological Conditions <i>Multimode</i> |
| SEM 2 2023 | EXSC611 10cp Occupational Assessment and Rehabilitation <i>Multimode</i> | EXSC636 10cp Responsible Clinical Practice (Pre: EXSC632 and EXSC633 and EXSC635 and either, EXSC634, or EXSC639)) <i>Multimode</i> | | |
| YEAR 3 | | | | |
| PROF TERM 1 2024 | EXSC637 10cp Clinical Experience 1 (Pre: EXSC634 and EXSC636 and EXSC639 and EXSC679) <i>Multimode</i> | | | |
| PROF TERM 2 2024 | EXSC684 10cp Clinical Experience 2 (Pre: EXSC637) <i>Multimode</i> | | | |
| PROF TERM 4 2024 | EXSC680 10cp Clinical Experience 3 (Pre: EXSC684) <i>Multimode</i> | | | |

Master of Exercise Physiology

(Information last updated on 4 April 2023)



Electives 2023

- Units should be taken in sequence as listed in the program map.
- Elective units to be selected in consultation with the Course Coordinator

ACU Online Term 1 Mon 30 Jan 2023 to Sun 9 Apr 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

| CODE | TITLE | Mode | Prereq |
|----------|---|-----------|--------|
| EXSC510# | Strength and Conditioning for Performance and Rehabilitation (10cp) | Online OU | Nil |
| EXSC515# | Exercise Prescription for Sports Injury Management Across the Lifespan (10cp) | Online OU | Nil |

select Study Period "ACU Online Term 1" in Student Connect

ACU Semester 1 Mon 27 Feb 2023 to Sun 25 Jun 2023 (NOTE: 12 weeks of study / 15 weeks for overall delivery and assessment)

| CODE | TITLE | Mode | Prereq |
|---------|---|-----------|--------|
| HLSC650 | Recovery Oriented Mental Health (10cp) | Online OU | Nil |
| HLSC651 | Holistic Individual Centred Mental Health Practice (10cp) | Online OU | Nil |

select Study Period "Semester 1" in Student Connect

ACU Online Term 2 Mon 24 Apr 2023 to Sun 2 Jul 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

| CODE | TITLE | Mode | Prereq |
|----------|---|-----------|--------|
| HLSC641# | Introduction to Health Sciences Research (10cp) | Online OU | Nil |
| EXSC650# | Fatigue, Recovery, Adaptation and Performance (10cp) | Online OU | Nil |
| EXSC651# | Sports Injury Prevention (10cp) | Online OU | Nil |
| EXSC669# | Exercise Rehabilitation for Return to Sports Performance (10cp) | Online OU | Nil |

select Study Period "ACU Online Term 2" in Student Connect

ACU Online Term 3 Mon 17 Jul 2023 to Sun 24 Sep 2023 (NOTE: 8 weeks of study / 10 weeks for delivery and assessment)

| CODE | TITLE | Mode | Prereq |
|----------|---|-----------|--------|
| EXSC510# | Strength and Conditioning for Performance and Rehabilitation (10cp) | Online OU | Nil |
| EXSC515# | Exercise Prescription for Sports Injury Management Across the Lifespan (10cp) | Online OU | Nil |

select Study Period "ACU Online Term 3" in Student Connect

ACU Online Term 4 Mon 9 Oct 2023 to Sun 17 Dec 2023 (NOTE: 8 weeks of study / 10 weeks for overall delivery and assessment)

| CODE | TITLE | Mode | Prereq |
|----------|---|-----------|--------|
| EXSC650# | Fatigue, Recovery, Adaptation and Performance (10cp) | Online OU | Nil |
| EXSC651# | Sports Injury Prevention (10cp) | Online OU | Nil |
| EXSC669# | Exercise Rehabilitation for Return to Sports Performance (10cp) | Online OU | Nil |

select Study Period "ACU Online Term 4" in Student Connect

Units offered via **ACU Online**:

ENROLLING IN ACU ONLINE UNITS

For information on enrolling into or withdrawing from *ACU Online* units, refer to the *ACU Online* MY ENROLMENT INSTRUCTIONS in the Unit Offerings 2023 tab on your Course Enrolment Guide page.

For assistance with enrolling into *ACU Online* units, please contact *AskACUO*:

Call: 132286 (13ACUO)

SMS: 0488 857 228

Email: online@acu.edu.au

Master of Exercise Physiology

(Information last updated on 4 April 2023)



PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('Pre:') and Incompatibles ('Inc:') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

C - On Campus:

Most learning activities or classes are delivered at a scheduled time, on campus, to enable in-person interactions. Activities will appear in a student's timetable

M - Multi-mode:

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

Online:

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and **will not** appear in a student's timetable.

OS – Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

| | |
|--|---|
| School Behavioural and Health Science - Administration | Email: ExerciseScience.Admin@acu.edu.au |
| National Course Coordinator | Dr Angelica Thompson-Butel Email: Angelica.ThompsonButel@acu.edu.au |

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).