

**Bachelor of Exercise Science /
Bachelor of Business Administration**

(Information last updated on 17 November 2022)



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Course Map Brisbane, Melbourne, and Strathfield

For Students who are commencing in February 2023

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
SEM 1 2023	BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112)	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187) Multimode	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199) Multimode	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100) Multimode
SEM 2 2023	BUSN113 (10cp) Managing People and Organisations (Inc:MGMT100, BUSD113)	BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104)	BIOL125 (10cp) Human Biology 1 (Inc: BIOL121, BIOL122, BIOL124, BIOL204)	ITEC100 (10cp) Information Technology in Action (Inc: BUSN111, ITED100, BUSD111)
YEAR 2				
SEM 1 2024	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECNON105, ECON104 ECOD200)	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multimode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multimode
SEM 2 2024	MKTG207 Marketing Toolkit (Inc: MKTG100, MKTD207)	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101) Multimode	CoreCurriculum (10cp) Unit 1 See here for unit details	Exercise Science Elective (10cp) See Unit Offerings 2023 Tab
YEAR 3				
SEM 1 2025	BAFN200 (10cp) Principles of Finance	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multimode	CoreCurriculum (10cp) Unit 2 See here for unit and pre- requisite details
SEM 2 2025	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201)	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multimode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) or EXSC222) Multimode
	EXSC205¹ (0cp) Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multimode			

¹ EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

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YEAR 4

SEM 1 2026	ENTR301 (10cp) Managing Entrepreneurship and Innovation <i>(Inc: MGMT311)</i>	Exercise Science Elective (10cp) <i>See Unit Offerings 2023 Tab</i>	EXSC399 (20 cp) Industry Experience <i>(Pre: ANAT100, EXSC205, EXSC225)</i>	
SEM 2 2026	MGMT304 (10cp) Strategic Management <i>(Pre:MGMT213 or HRMG204)</i>	BIPX301 (10cp) Professional Experience <i>(Pre: BIPX202)</i>	EXSC230 (10cp) Motor Control and Learning <i>(Pre: EXSC187)</i>	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment <i>(Pre: EXSC225; Inc: EXSC242)</i>

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Course Map

Brisbane, Melbourne, and Strathfield

For Students who are commencing in February 2022

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
SEM 1 2022	BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112)	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187) Multimode	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199) Multimode	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100) Multimode
SEM 2 2022	BUSN113 (10cp) Managing People and Organisations (Inc: MGMT100, BUSD113)	BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104)	BIOL125 (10cp) Human Biology 1 (Inc: BIOL121, BIOL122, BIOL124, BIOL204)	ITEC100 (10cp) Information Technology in Action (previously known as Information Technology Professional Skills and Practices) (Inc: BUSN111, ITED100, BUSD111)
YEAR 2				
SEM 1 2023	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECON105, ECON104 ECOD200)	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multimode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multimode
SEM 2 2023	MKTG207 Marketing Toolkit (Inc: MKTG100, MKTD207)	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101) Multimode	CoreCurriculum (10cp) Unit 1 See here for unit details	Exercise Science Elective (10cp) See Unit Offerings 2023 Tab
YEAR 3				
SEM 1 2024	BAFN200 (10cp) Principles of Finance	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multimode	CoreCurriculum (10cp) Unit 2 See here for unit and pre- requisite details
SEM 2 2024	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104; Inc: BIPX100, BIPX201)	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multimode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) or EXSC222) Multimode
	EXSC205² (0cp) Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multimode			

² EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

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YEAR 4

SEM 1 2025	ENTR301 (10cp) Managing Entrepreneurship and Innovation <i>(Inc: MGMT311)</i>	Exercise Science Elective (10cp) <i>See Unit Offerings 2023 Tab</i>	EXSC399 (20 cp) Industry Experience <i>(Pre: ANAT100, EXSC205, EXSC225)</i>	
	SEM 2 2025	MGMT304 (10cp) Strategic Management <i>(Pre:MGMT213 or HRMG204)</i>	BIPX301 (10cp) Professional Experience <i>(Pre: BIPX202)</i>	EXSC230 (10cp) Motor Control and Learning <i>(Pre: EXSC187)</i>

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(Information last updated on 17 November 2022)



Course Map

Brisbane, Melbourne, and Strathfield

For Students who are commencing in February 2021

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus, however, some units are undertaken at the North Sydney Campus.

Students will not be required to travel between campuses on the same day.

YEAR 1				
SEM 1 2021	BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112)	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187) Multimode	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199) Multimode	BIOL125 (10cp) Human Biology 1 (Inc: BIOL121, BIOL122, BIOL124, BIOL204)
SEM 2 2021	BUSN113 (10cp) Managing People & Organisations (Inc:MGMT100,BUSD113)	BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104)	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100 Multimode)	BUSN111 (10cp) Working with Technology (Inc: ISYS111)
YEAR 2				
SEM 1 2022	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECNON105, ECON104 ECOD200)	ITEC200 (10cp) Data and Information Management (Inc: DATA200, ITED200)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multimode	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multimode
SEM 2 2022	MKTG207 Marketing Toolkit (Inc: MKTG100, MKTD207)	NUTR101 (10cp) Introduction to Nutrition (Inc: EXSC118, EXSZ118) NUTD101) Multimode	CoreCurriculum (10cp) Unit 1 See here for unit details	Exercise Science Elective (10cp) See Unit Offerings 2023 Tab
YEAR 3				
SEM 1 2023	BAFN200 (10cp) Principles of Finance	HRMG204 (10cp) Organisational Behaviour (Inc: HRMD204)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multimode	CoreCurriculum (10cp) Unit 2 See here for unit and pre- requisite details
SEM 2 2023	ITEC201 (10cp) Fundamentals of Information Technology (Inc: ISYS201, ITED201)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201)	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multimode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) or EXSC222) Multimode
	EXSC205³ (0cp) Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multimode			

³ EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

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YEAR 4

SEM 1 2024	ENTR301 (10cp) Managing Entrepreneurship and Innovation <i>(Inc: MGMT311)</i>	Exercise Science Elective (10cp) <i>See Unit Offerings 2023 Tab</i>	EXSC399 (20 cp) Industry Experience <i>(Pre: ANAT100, EXSC205, EXSC225)</i>	
SEM 2 2024	MGMT304 (10cp) Strategic Management <i>(Pre:MGMT213 or HRMG204)</i>	BIPX301 (10cp) Professional Experience <i>(Pre: BIPX202)</i>	EXSC230 (10cp) Motor Control and Learning <i>(Pre: EXSC187)</i>	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment <i>(Pre: EXSC225; Inc: EXSC242)</i>

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Brisbane, Melbourne, and Strathfield

For students who commenced in February 2020

Students who are out of sequence due to part-time enrolment or progression issues should seek a course advice meeting with the relevant Course Coordinator.

Students in Sydney will normally be located at the Strathfield Campus; however, some units are undertaken at the North Sydney Campus. Students will not be required to travel between campuses on the same day.

YEAR 1				
SEM 1 2020	BUSN112 (10cp) Managing Markets (Inc: MKTG100, BUSD112)	EXSC187 (10cp) Growth, Motor Development and Ageing (Inc: EXSC187, EXSZ187) Multimode	EXSC199 (10cp) Psychology of Sport (Inc: EXSD199) Multimode	BIOL125 (10cp) Human Biology 1 (Inc: BIOL121, BIOL122, BIOL124, BIOL204)
SEM 2 2020	BUSN113 (10cp) Managing People & Organisations (Inc:MGMT100,BUSD113)	BUSN104 (10cp) Money Matters (Inc: ACCT100, BUSD104)	ANAT100 (10cp) Anatomical Foundations of Exercise Science (Inc: ANAD100, ANAZ100 Multimode)	CoreCurriculum (10cp) Unit 1 See here for unit details
YEAR 2				
SEM 1 2021	ECON200 (10cp) Economics: Policy Frameworks and Markets (Inc: ECNON105, ECON104 ECOD200)	BUSN201 (10cp) International Business (Pre: BUSN104, BUSN112, BUSN113, BUSN111)	EXSC230 (10cp) Motor Control and Learning (Pre: EXSC187)	EXSC222 (10cp) Functional Anatomy (Pre: ANAT100) Multimode
SEM 2 2021	BUSN111 (10cp) Working with Technology (Inc: ISYS111)	MKTG202 (10cp) Marketing Communications: Engaging Stakeholders (Pre: BUSN104, BUSN111, BUSN112, BUSN113)	EXSC118 (10cp) Nutrition and Exercise (Inc: NUTR101)	EXSC224 (10cp) Mechanical Bases of Exercise (Inc: EXSC120) Multimode
YEAR 3				
SEM 1 2022	HRMG200 (10cp) Applied Human Resource Management (Pre: BUSN104, BUSN111, BUSN112, BUSN113)	HRMG204 (10cp) Organisational Behaviour (Pre:BUSN104, BUSN111, BUSN112, BUSN113)	EXSC225 (10cp) Physiological Bases of Exercise (Pre: BIOL125 or BIOL124 or BIOL121, Inc: EXSC198) Multimode	Exercise Science Elective (10cp) See Unit Offerings 2023 Tab
SEM 2 2022	MGMT310 (10cp) Sustainable Organisational Change (Pre:MGMT213 or HRMG204)	BIPX202 (10cp) Community Engagement: Building Strengths and Capabilities (Pre: UNCC100 or PHIL102 or PHIL104 or PHCC102 or PHCC104: Inc: BIPX100, BIPX201)	EXSC204 (10cp) Exercise, Prescription and Delivery (Pre: EXSC198 or EXSC225) Multimode	EXSC216 (10cp) Resistance Training: Science and Application (Pre: (EXSC198 or EXSC225) or EXSC222) Multimode
	EXSC205⁴ (0cp) Industry experience preparation (Pre: (EXSC118 or NUTR101) and EXSC187 and EXSC199 and BIOL125) Multimode			

⁴ EXSC205 prepares students for professional practice opportunities, career planning and employability by addressing the scope of practice of an exercise professional. It will also address some of the requirements needed to fulfil your accreditation as a Strength and Conditioning Coach with the Australian Strength and Conditioning Association. This unit consists of online modules. Modules must be done in the student's own time before the end of Semester 2 and/or before the commencement of any professional placement.

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YEAR 4

SEM 1 2023	CoreCurriculum (10cp) Unit 2 See here for unit and pre-requisite details	ENTR301 (10cp) Managing Entrepreneurship and Innovation (Inc: MGMT311)	EXSC399 (20 cp) Industry Experience (Pre: ANAT100, EXSC205, EXSC225)	
SEM 2 2023	MGMT304 (10cp) Strategic Management (Pre:MGMT213 or HRMG204)	BIPX301 (10cp) Professional Experience (Pre: BIPX202)	Exercise Science Elective (10cp) See Unit Offerings 2023 Tab	EXSC322 (10cp) Exercise Physiology: Adaptation to Exercise and the Environment (Pre: EXSC225; Inc: EXSC242)

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PLEASE NOTE FOR THE MAP ABOVE

Prerequisites ('Pre:') and Incompatibles ('Inc:') are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that are extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling.

STUDY MODES

All units are delivered in Attendance mode, unless otherwise indicated in the map.

C - On Campus:

Most learning activities or classes are delivered at a scheduled time, on campus, to enable in-person interactions. Activities will appear in a student's timetable

M - Multi-mode:

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student's timetable.

Online:

OU - Online unscheduled

Learning activities are accessible anytime, anywhere. These units are normally delivered fully online and **will not** appear in a student's timetable.

OS – Online scheduled

All learning activities are held online, at scheduled times, and will require some attendance to enable online interaction. Activities will appear in a student's timetable

Course Advice

Course Coordinators and/or Course Advisors are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Advisor or the National Course Coordinator. Any student studying outside the above sequence should consult with their Course Coordinator prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Exercise Science Administration Email: ExerciseScience.Admin@acu.edu.au
School of Business	Undergraduate Business Administration Email: Business.UG@acu.edu.au

Prerequisites

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the [Student Portal](#).